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GM

Students mourn death of four peers

Hundreds of orange helium-filled balloons were released silently into the cool autumn night in memory of four high school football players killed in a car crash in northern Alberta.

The coach of the Grande Prairie Composite High School Warriors stood on a players' bench on the football field and led the gathering in a prayer.

"Be safe tonight. Be there for each other, moving forward," Rick Gilson told the crowd on Saturday.

Gilson, who's also the school's principal, then stepped off the bench and spoke quietly to his young football players huddled around him. "We have to be courageous," he told them.

Grande Prairie RCMP said Mathew Deller, 16, Vincent Stover, 16, Walter Borden-Wilkens, 15, and Tanner Hildebrand, 15, died early Saturday morning when a pickup truck slammed into their car.

Another teen, 15-year-old Zak Judd, was critically injured in the crash and is in stable condition at an Edmonton-area hospital, police said. All the teens were students at Grande Prairie Composite High School.

Police said the driver of the pickup fled the scene, but a man was arrested a short time later.

Brendan Holubowich, 21, of Grande Prairie faces 11 charges, including four counts of impaired driving causing death, and one count of failing to remain at an accident.

THE CANADIAN PRESS



Coffee-mug-trade idea helps grant family wish

- ▶ The group started a blog, onebluecoffeecup.com
- ▶ Eight trades were made over the course of one week



KATIE TURNER
@METRONEWS.CA

It started out with a blue coffee cup and ended with a family being treated to their first hockey game.

As part of an entrepreneurial business class, four Mount Royal University students were tasked with taking part in the YOU Innovate Canada Tournament.

Each group was asked to create value out of a

coffee cup and submit a video about their innovation.

"We tried a million different things," said group member Breana Baker.

Classmate Olivia Bohdan added, "We wanted to do something with our mug that could help other people, not just get us revenue."

They traded their coffee mug for a candlestick, and then the candlestick for a picture frame, and eventually by the end of

one week, the group had landed three tickets to the World Junior Hockey Championships in Calgary and Edmonton.

"We didn't even know that people would be that generous," said Baker.

The group contacted the For the Love of Children Society and they were connected with Cesar Pimienta, who had moved with his family to Calgary from Colombia and had never seen a hockey game.

Fifth in Canada

- ▶ At last check, the group was rated fifth in Canada for their idea.
- ▶ The national champion will win cash provided by studentawards.com and a trip to Liverpool, England. Public voting closes Tuesday at 11:59 p.m.
- ▶ To vote for the group, visit yitc.e2.myreviewroom.com/public/s/2028/

"My son ... he loves hockey," said Pimienta.

The family will be attending the game in December.

1
news



A victim of sexual abuse at the hands of a minor hockey coach rebuilds his life. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Botulism is thought to be the killer of some 6,000 dead birds along the shores of Georgian Bay in Ontario. Video at metronews.ca/video

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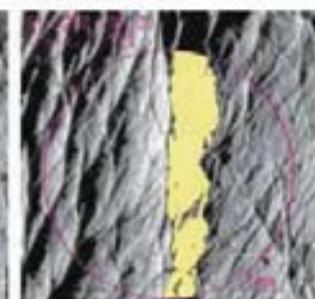


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GRASS FIRE

Crews hose down Nose Hill blaze

Fire crews extinguished a grass fire roughly the size of three football fields at Nose Hill Park yesterday. Around 3 p.m., the Calgary Fire Department sent 11 vehicles to the Nose Hill Park area. The fire continued to spread due to 20-km/h winds, and at one point the Calgary Police Service shut down 14 Street Northwest because of smoke from the fire. As of 5 p.m., crews were still on scene dealing with small spot fires. Investigators are working to determine the cause of the blaze. **METRO**

Earthquake back home rattles Turkish expatriates

Thousands of Turkish natives living in Calgary sat glued to their TVs yesterday, witnessing the horrific aftermath of a massive earthquake that killed hundreds in their homeland.

While it is not believed anyone from the local community lost a loved one in the disaster, early estimates suggested as many as 1,000 people were killed.

"I cried," said Ender Cam, who immigrated to Canada from Turkey in the 1980s. "I feel really bad for those people. This part of Turkey is really difficult to reach."

Officials said the quake struck the eastern portion of the country, collapsing dozens of buildings and leaving many trapped beneath the rubble.

Cam still has siblings in Turkey but said they are in Istanbul, far from the earth-

quake's epicentre.

"We do have very good rescue teams in Turkey," she said. "I noticed that they were so well organized, even against all the odds."

Turgay Ogut, former president of the Turkish Canadian Cultural Association of Calgary, said he had been in contact with his wife, also in Istanbul, and had been following online news updates throughout the day.

"I am very familiar with that part of Turkey," he said. "It's an underdeveloped part of the world.... This is a real shame."

JEREMY NOLAIS/WITH FILES FROM THE CANADIAN PRESS

7.2 The earthquake that shook eastern Turkey yesterday measured 7.2 on the Richter scale.

Occupy protest delays park maintenance

▶ Occupy Calgary demonstrators have been at Olympic Plaza since Oct. 15



▶ Under normal circumstances, city crews would have drained the reflecting pool at Olympic Plaza by now, but maintenance work has been delayed due to the Occupy Calgary demonstration.

 **KATIE TURNER**
@METRONEWS.CA

City crews have been unable to complete routine seasonal maintenance at Olympic Plaza as the Occupy Calgary movement continues to hold out.

Blowing out the sprinklers and draining the reflecting pool would normally have been completed by this time, said Tom Sampson, deputy chief of Calgary Emergency Management Agency.

On the turf

- ▶ Turf work also needs to be completed.
- ▶ Tom Sampson said they are anticipating some

"The bigger issue is it needs to be done before it all freezes," said Sampson. "Now it's time to get on with the routine maintenance and upgrades of our parks and actually move out of that park, just because we don't want any more damage than is there

damage will have been done to the grass as well because of the tents.

- ▶ The ice will need to be put in for skating, which begins in mid-November.

already."

Sampson said this work will need to be completed before Oct. 29 because another group has reserved Olympic Plaza for a large event.

Demonstrator Brent Talbot has been at Olympic Plaza since the beginning

and said he would be willing to accommodate the city if they asked him to temporarily move his tent.

"They haven't (asked) yet, but if they do we'll totally oblige them," he said.

Fellow occupier James Jesso said he would also move his tent — but not if it's an opportunity to remove them.

"If it's an opportunity to do what needs to be done, I would love to support it," he said. "I hope that that opportunity isn't misused to just get rid of the movement."


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06

KATIE TURNER/METRO



► Nasrin Walji, right, seen at her home with her daughters, Shaista, left, and Alisha. Variety, the Children's Charity helped fund a van that includes a wheelchair lift to help Alisha get in and out.

Children's charity falls on tough times

► Drop in donations sees 30-year-old support group living month to month ► Board members, volunteers also needed



JEREMY NOLAIS
@METRONEWS.CA

After it literally lifted their daughter's spirits, a Calgary family is pleading with the public to consider giving back to a longtime Alberta support group.

For 30 years, Variety, the Children's Charity of Alberta has been helping children like cerebral palsy sufferer Alisha Walji overcome great obstacles.

Recently, the group pitched in one-quarter of the \$20,000 needed for a new van with a lift that car-

ries the 17-year-old in and out with ease.

"They were fantastic," said mother Nasrin Walji. "We couldn't have done this without them."

Unfortunately, executive director Lesley Gomez says Variety is short tens of thousands of dollars and could close as early as next month.

"Things are looking pretty dire," she admitted. "Our operations fund is severely depleted.... We are just hanging on by our fingernails."

Coupled with their financial problems, Variety

has also seen a decline in volunteers and prospective board members willing to offer their time. Gomez is currently the organization's only full-time staff member and feels as though she is fighting an uphill battle.

"We certainly don't want to go," she said. "There will always be children that need our help."

Over the years, Variety has been involved in many initiatives — everything from home renovation projects to Christmas parties for those with special needs.

Nasrin Walji pointed out

Variety assistance

► Lesley Gomez of Variety estimates the charity will need \$50,000 in donations to continue operating until spring.

► Variety is currently recruiting volunteers for several of jobs, including executive board and committee members, and football-program distributors at Calgary Stampeders home games.

► For more information about Variety, visit varietyalberta.ca.

that behind every one of the group's efforts is an appreciative family.

"We can't thank them enough," she said.

Cadets clean headstones of fallen comrades



CONTRIBUTED

JEREMY NOLAIS
@METRONEWS.CA

Calgary air force cadets paid tribute to fallen soldiers over the weekend, tidying up and wiping down their headstones at Burnsland Cemetery.

Members with the 52 City of Calgary Royal Canadian Air Cadets spent

600 In total, the cadets cleaned up 600 headstones at Burnsland Cemetery.

hours working away, said group leader Lt. Pam Mattock, but not one complained.

"It's a respect thing, basically," Mattock said. "The amount of pride these kids showed while doing this chore for the community was amazing."

In all, 47 cadets and two officers took part in the cleanup. The group hopes to participate in similar efforts in the future.



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Drivers arrested in toddler hit-and-run

Two drivers suspected of running over a little girl in Foshan, southern China, are under arrest, newspapers reported yesterday.

Wang Yue, 2, was struck by two vans Oct. 13 on a busy market street as passersby walked or cycled past her. She died of brain and organ failure on Friday.

The Beijing News and other outlets say Foshan police identified the vehicles from security camera footage and ordered the



two men arrested.

Reports did not say what the men are being charged with.

THE ASSOCIATED PRESS

Search on for downed satellite

A defunct German research satellite crashed into the Earth somewhere in Southeast Asia yester-

day, but scientists are still not sure where.

There have been no reports of satellite debris coming down over a populated area. U.S. military data suggest it could have crashed east of Sri Lanka, or off the coast of Myanmar or as far inland as

China. THE ASSOCIATED PRESS

Panic grips Turkey after powerful earthquake

► More than 130 people killed and 350 injured, Turkish PM says ► Death toll could reach 1,000 due to flimsy housing and size of quake: Officials

Cries of fear and horror filled the air as a 7.2-magnitude earthquake struck eastern Turkey, killing at least 138 people as buildings pancaked and crumpled into rubble. The death toll was expected to rise as rescuers sifted through the ruins and reached outlying villages.

Tens of thousands fled into the streets screaming and trying to reach relatives on cellphones. As the full extent of the damage became clear, survivors dug in with shovels and even their bare hands, trying to rescue the trapped and the injured.

“There are many people under the rubble,” Veysel Keser, the mayor of the dis-



► Residents of the city of Van help dig survivors out from the rubble yesterday after an earthquake hit eastern Turkey.

trict of Celebibag, told NTV. “People are in agony. We can hear their screams for help.”

Celebibag is near the hardest-hit area: Ercis, an eastern city of 75,000 close to the Iranian border and

on one of Turkey’s most earthquake-prone zones. Up to 80 buildings collapsed in Ercis, the Turkish Red Crescent said. About 90 kilometres south, 10 buildings collapsed in the hard-hit city of Van.

Residents, without heat or electricity, prepared to spend the night outdoors while the Red Crescent began setting up tents in a stadium. Rescue efforts continued through the night. THE ASSOCIATED PRESS

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Metro
Interview.

► Juan Manuel Santos, president of the Republic of Colombia.

► Colombian president Juan Manuel Santos speaks to Metro on his country's efforts in the war on drugs ► He points to drug legalization as a means of stopping violence

COLOMBIAN PREZ: LEGALIZE POT

 **PER MIKAEL
JENSEN**
@METRO.LU
METRO WORLD NEWS IN BOGOTÁ

One of the most prominent fighters in the war on drugs is calling for the world to get tougher. President of Colombia Juan Manuel Santos wants world leaders to take a much stronger, more co-ordinated approach in dealing with trafficking narcotics and the use of hard drugs such as cocaine and heroin. In an exclusive one-on-one interview with Metro, Santos says legalizing softer drugs, such as cannabis, could be a way forward, if done globally.

"The world needs to discuss new approaches," Santos says. "We are basically still thinking within the same framework as we have done for the last 40 years."

Colombia's war on drug cartels has made huge progress over the past 20 years. The killing of notorious drug baron Pablo Escobar in 1993 and then the arrest and conviction in 2006 of the Rodríguez Orejuela

brothers, founders of the Cali Cartel, did much to dismantle the powerful cartels — and spark the decline of drug-related violence that had plagued the country. Santos hopes that the world, too, can build on this success story.

Do you think legalizing softer drugs could be a way forward?

Yes, that could be an answer, provided everyone does it at the same time.

But somebody has to take the first steps?

Yes, and it won't be me.

Why?

Because, for Colombia, this is a matter of national security. Drug trafficking is what finances the violence and the irregular groups in our country. I would be crucified if I took the first step.

How is this different in other countries?

In other countries (Europe and the U.S.), this is mainly a health issue and a crime issue. We need to look at all components, one of

them being targeting the assets in this business. But we need to do so on a global level.

What do you think we're doing wrong?

We must discuss a new approach, looking at all the components: The profit and the crime that follows drug-trafficking, the fight against money laundering, trade with arms and so on.

'On a great path'

Santos on why they are smiling in Latin America:

► "We have something that the U.S. and Europe don't have: A young population and a lot of optimism.... The latest poll in Colombia from Thursday (last week) shows that 79 per cent of our population believes that we are on a great path," he says.

► Growth in Colombia in the manufacturing industry was 9.5 per cent in August compared to last year. Many countries in Latin America are also experiencing strong economic growth.

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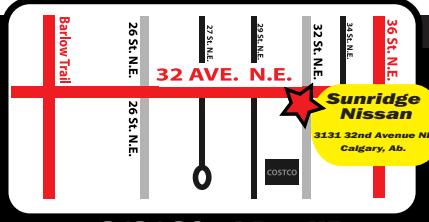
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'Now it's over'

► An autopsy completed in Misrata yesterday showed that Gadhafi was killed by a shot to the head, said Libya's chief pathologist. Dr. Othman al-Zintani would not disclose further details or elaborate on Gadhafi's final moments, saying he would first deliver a full report to the attorney general.

► Most Libyans weren't concerned about the circumstances of the hated leader's death, but rather were relieved the country's ruler of 42 years was gone, clearing the way for a new beginning.

► "If he (Gadhafi) was taken to court, this would create more chaos, and would encourage his supporters," said Salah Zlitni, 31, who owns a pizza parlour in downtown Tripoli. "Now it's over."

THE ASSOCIATED PRESS



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Libyans must avoid hatred, leader says

Some say nation's liberation marred by circumstances of Gadhafi's death ◀ Transitional leader invokes Islam

Libya's interim rulers declared the country liberated yesterday after an eight-month civil war, launching the oil-rich nation on what is meant to be a two-year transition to democracy. But they laid out plans with an Islamist tone that could rattle their Western backers.

The joyful ceremony formally marking the end of Moammar Gadhafi's 42-year tyranny was also clouded by mounting pressure from the leaders of the NATO campaign that helped secure victory to investigate whether Gadhafi, dragged wounded but alive out of a drainage ditch last week, was then executed by his captors.

The circumstances of Gadhafi's death remain unclear. In separate accounts late yesterday, two Libyan fighters said Gadhafi was hurt after being captured, but was able to stand. One said that when he and others placed Gadhafi in an ambulance, the former Libyan leader had not yet suffered what Libya's chief pathologist said was a fatal gunshot to the head.

Critics said the gruesome spectacle of his blood-streaked body laid out as a trophy for a third day of public viewing in a commercial freezer tests the new leadership's commitment to the rule of law.

Britain's defence secre-

tary, Philip Hammond, said the Libyan revolutionaries' image had been "a little bit stained" by Gadhafi's violent death. Both he and U.S. Secretary of State Hillary Rodham Clinton said a full investigation is necessary.

Gadhafi's capture and the fall of his hometown of Sirte, the last loyalist stronghold, set the stage for the long-awaited declaration of liberation, delivered by the head of the National Transitional Council, Mustafa Abdul-Jalil.

He did not mention the circumstances surrounding Gadhafi's death. But he urged his people to avoid hatred. **THE ASSOCIATED PRESS**

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Decision on Greek debt delayed

Greece's prime minister is pleading with European leaders in Brussels to act decisively to solve the continent's debt crisis. At a summit yesterday, the leaders were expected to ask banks to accept huge losses on Greek bonds to ease the pressure on the country, and to raise billions more in capital to weather those losses. Leaders said they're not ready to unveil the grand plan as promised.

Minister challenges EU criticism of oilsands

Discrimination may violate trade obligations: Oliver

Canada's natural resources minister is taking the European Union to task over its proposal to discriminate against crude from the Alberta oilsands.

Joe Oliver has written to union energy commissioner Gunther Oettinger to complain about a plan to differentiate oilsands prod-

ucts from other sources of heavy crude. The proposal stems from complaints that the oilsands have a greater greenhouse-gas footprint than conventional production.

Oliver says other oil sources produce the same or even greater amounts of greenhouse gases, but aren't singled out for special treatment.

It is not sufficient for the European Union to fail to address these data issues and base its directive on incomplete information."

Oliver plans to speak to his European counterparts about the matter next week. **THE CANADIAN PRESS**

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Masked. Protest

Jobs bio contains vow to 'destroy Android'

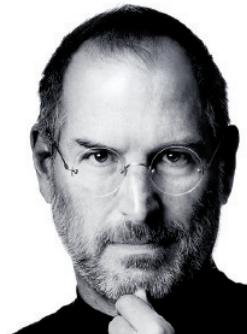
Google can only hope that Steve Jobs' final vendetta doesn't haunt the Internet search leader from his grave.

The depths of Jobs' antipathy toward Google leaps out of Walter Isaacson's authorized biography of Apple's co-founder. The book goes on sale today, less than three weeks after Jobs' death on Oct. 5.

The biography drips with Jobs' vitriol as he discusses his belief that Google stole from Apple's iPhone to build many of the features in Google's Android software.

The perceived theft represented an unforgiveable act of betrayal to Jobs, who had been a mentor to Google co-founders Larry Page and Sergey Brin and had welcomed Google's CEO at the time, Eric Schmidt, to be on Apple's board.

SIMON & SCHUSTER/THE ASSOCIATED PRESS
Steve Jobs by Walter Isaacson



Jobs retaliated with a profane manifesto during a 2010 conversation with his chosen biographer.

"I'm going to destroy Android because it's a stolen product. I'm willing to go to thermonuclear war on this. They are scared to death because they know they are guilty," Jobs told Isaacson.

It suggests that Apple

Android buzz

- More than 550,000 devices running on Android are being activated each day.
- According to Gartner, Android's market share grew 2 1/2 times to 43 per cent, compared with 17 per cent a year earlier.
- The newest Android challenger to the iPhone, the Galaxy Nexus from Samsung, is scheduled to go on sale next month.

may try to derail Android in court, even if Google obtains more patent protection through its proposed \$12.5-billion acquisition of Motorola Mobility Inc.

Jobs' criticisms may be seen as hypocritical. The Mac's easy-to-use interface and its mouse controller, for instance, came out of Xerox Corp.

THE ASSOCIATED PRESS

Ousted Olympus CEO demands review

The ousted chief executive of Japan's Olympus Corp. says the company isn't doing enough to investigate a massive \$687-million US payment to mysterious financial advisers as part of a takeover.

The camera and medical-device maker says outside lawyers and accountants will be part of what it called an independent review.

But former CEO Michael Woodford on Saturday dismissed the gesture, con-

tending that the review isn't genuinely independent. "You need forensic accountants going in quickly, very quickly," Woodford said in an interview with The Associated Press.

Olympus shares lost half their value — shedding more than \$4 billion — during the week in the fallout from Woodford's dismissal and his allegations of financial wrongdoing.

Woodford says he was fired for asking questions

about the \$687 million paid to financial advisers as part of Olympus' purchase of the U.K.'s Gyrus Group PLC.

The payment represented more than a third of the \$2-billion purchase. Fees for advisers are normally one to two per cent of the deal value.

Olympus confirmed the \$687-million figure on Wednesday, a day after its chairman said the payment was about \$390 million.

THE ASSOCIATED PRESS

Market moment

| TSX | Dollar |
|-----------------------------|------------------------------------|
| +119.16 (11,949.49) | +0.62¢ (99.14¢ US) |
| Oil | Natural gas \$3.629 (+ 0.1¢) |
| + \$1.33 US (\$87.40 US) | Gold \$1,636.10 (+ \$23.20) |

SATELLITE COMMUNICATION

Technology gap for air force

Canada's new multibillion-dollar stealth fighters are expected to arrive without the built-in capacity to communicate from the country's most northerly regions — a gap the air force is trying to close.

Briefings given last year expressed concern that the F-35's radio and satellite communications

gear may not be as capable as that of the current CF-18s.

Military aircraft operating in the high Arctic rely almost exclusively on satellite communications.

The F-35 Lightning will eventually be able to communicate with satellites, but the software will not be available in the initial production run, said a senior Lockheed Martin official. It is expected to be added during fourth-phase production in 2019, but that is not guaranteed because research is still underway.

THE CANADIAN PRESS

PUBLIC SCHOOL SYSTEM NEEDS A GOOD LESSON

URBAN COMPASS

JANICE PASKEY

METRO CALGARY



Under guard, Aayan Hirsi Ali speaks in Calgary this week. She's a fierce critic of Islam and thinks it should be eliminated.

Hirsi Ali was raised Muslim in Somalia, Kenya and Saudi Arabia. In order to escape an arranged marriage, she fled as a refugee to Holland and rose to become a member of the Dutch parliament.

One argument resonates with me. She wanted to eliminate publicly funded religious schools because segregation didn't expose Muslims to liberal Dutch values. And Hirsi Ali thought Muslim schools aided women's repression.

There's a link here. Alberta, too, funds religious schools, mainly for Roman Catholics.

And this month, Calgary's Sheldon Chumir Foundation for Ethical Leadership (chumirethics-foundation.ca) opens the church-state issue.

Alberta's former education minister David King wants to end funding of Catholic schools.

"Our system represents state endorsement of one denomination over another. It creates church-state relationship. Why is it the state church is Catholic and not Hinduism, Judaism or a Lutheran?"

"If the issue is public school quality, teaching quality and low standards, then that needs to be discussed and challenged. But does more fragmentation make sense? Maybe what parents want shouldn't come into play."

Because of history? Not good enough," says King. He asks: what is the purpose of public education?

King argues: "The public has as its raison d'être inclusivity; the separate system has exclusivity. We need to ask whether or not we want to fragment our efforts?"

Writing in the Chumir newsletter, he and president Janet Keeping question school choice in Calgary.

You know the drill: the so-called gifted kids are bused here, the national sporty kids there, Catholics over there. Any parents who want girls segregated from boys can send their girls to the CBE Girls School, all publicly funded.

A school is the heart of a community, and school closures stop the pulse. Consider that the lovely historic St. John's Fine Arts School is said to be sold for condos. School closures seem to be the result of trying to finance too many schools.

As I've written before, many buses arrive in my neighbourhood to schlep kids to a dozen different schools.

What is the impact of all this segregation and pandering to "parent choice?"

If the issue is public-school quality, teaching quality and low standards, then that needs to be discussed and challenged.

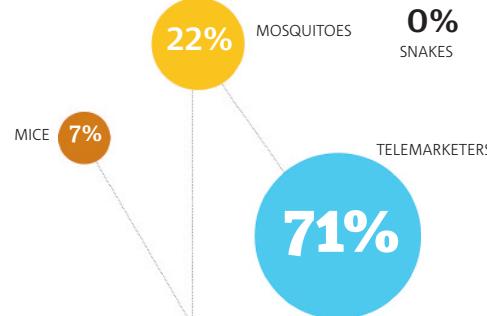
But does more fragmentation make sense? Maybe what I want, or what any other parent wants, shouldn't come into play.

That's why I like the Sheldon Chumir Foundation's courageous stance in asking: why do we fund public schools?



Register at metropolitanpanel.ca and take the quick poll

Fill in the blank: It would be OK if went extinct.



Local tweets



► **@TheHatemonger:** Beau-

tiful day in #yyc. Going to go for a walk in and around Kensington! I love that Fall has arrived peeps! Beautiful!!!

► **@Uglymother:** Congrats to grappler (and my best man) Jeremy Podlog for winning the U of C wrestling tourname (again)– he is old but very good #yyc

► **@BradenBond:** Glorious day in the #yyc. Feelin good.

► **@momwhoneedswine:**

Sunny and cool Fall day in #yyc. A good day for some #halloween decorating outside!

► **@MelzaBelle:** I heart my job. Its simply amazing to work with young musicians who are disciplined and talented... #conservatory #MRU #yyc #feast

► **@OtterFodder:** I love rich people who look like poor people. It's refreshing. #yyc #surprises

► **@AaronZimmy:** The mountains are looking particularly incredible today. looking forward to the upcoming ski season! #yyc

Worth Mentioning

One of Henrik Holgersson's friends laughed in his face when he told him he was going to spend the better part of 2011 as a stay-at-home dad.

"What kind of a man are you?" the friend asked Holgersson, who works for an event-management company.

Holgersson took out 240 days of parental leave paid for by the government while his girlfriend, Jenny Karlsson, went back to her job as a real estate agent, after eight months at home with their son Arvid.

"To take care of Arvid is a real fatherly thing to do. I think that's very masculine," said Holgersson, 34.

Holgersson's experience isn't unusual in Sweden, largely because the government encourages dads to stay at home with their newborn through a parental-leave policy that is among the most generous in the world.

While more than a dozen countries now offer paid paternity leave, usually for a couple of weeks, Sweden subsidizes such leave for up to 14 months.

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photo of the day



► This photo, titled Look Mom, I can Fly, was submitted to the Moment of my Life category by Patti Towne Stadler from Leduc, Alta.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Identical twins give birth on same day

Two identical twins in Indiana now have another birthday in common: They delivered babies on the same day at the same hospital.

The Herald-Times reports 21-year-old Jessica and Jennifer Patterson gave birth Wednesday at Indiana University Health Bloomington Hospital.

Jennifer Patterson gave birth first to a girl, Adalynn Rose Patterson, who was born with a collapsed lung but is now doing fine.

Eight and half hours later, Jessica Patterson gave birth to a boy, Mason Douglas Patterson, by Cesarean section.

Jennifer Patterson calls the same-day births "kind of cool."

Both women live in the tiny Lawrence County town of Judah.

Hospital spokeswoman Amanda Roach says no one can recall the last time identical twins delivered babies at the hospital on the same day.

THE ASSOCIATED PRESS



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Paranormal Activity 3 didn't just go bump in the night. It made a ton of noise at the box office with a huge, \$54 million opening. The third film in Paramount's low-budget horror franchise was No. 1 at the box office, according to Sunday studio estimates. Part two also debuted in the top spot a year ago.

THE ASSOCIATED PRESS



Oprah meditates with women in Iowa, talks about her spiritual journey



ROGERS

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Osbourne's alright

► New documentary put together by Ozzy's son Jack details rocker's journey to sobriety

Jack Osbourne says he doesn't worry anymore about the well-being of his dad, heavy metal megastar Ozzy Osbourne.

"Motorbikes can't kill him, drugs can't kill him," he mused in a recent phone interview from his parents' California house.

"He's one of these guys where he's going to be, like, 900 years old still complaining about everything and laughing. We joke that he's going to outlive me."

The British rocker's astounding ability to endure decades of hard partying, reckless stunts and heavy drug and alcohol abuse is one of the main themes of God Bless Ozzy Osbourne, which will screen at participating Cineplex Entertainment theatres in Canada on Oct. 26 at 7 p.m. ET.

"There's only a handful of people that have done what he's done and lived to tell the tale," said Osbourne, 25, who produced the documentary.

The film opens with shots of a 60-year-old, long-haired Osbourne — clad in all black and purple-tinted glasses — in his dressing room jumping rope, riding a stationary bike and doing stretches as part of his pre-concert warm-up routine.

As we soon learn, the so-called Prince of Darkness is now more than five years sober — the longest stretch he's spent in recovery.

Gone are the days when he was so high or intoxicated he'd bite the heads off



► In God Bless Ozzy Osbourne, his children admit he wasn't always the greatest father.

winged creatures, trash hotel rooms or have legions of TV viewers laughing at his incomprehensible speech and hunchbacked-shuffle walk on The Osbournes.

"One of the key points that I wanted to put across for this film is that he's not this fumbling kind of stuttering, quirky guy," said Osbourne, who recently revealed he's expecting a child with his fiancée, Lisa Stelly.

"He's really quite astute and he's switched on and he's far from absent-minded."

Osbourne, who's appeared on various TV series, said a colleague encouraged him to do the project about four

years ago.

When his parents gave the OK, he bought cameras, found a co-producer and hired director Mike Fleiss, who is executive producer of The Bachelor.

The filmmakers also use archive footage to detail Osbourne's life, from his poverty-stricken childhood in Birmingham, England to his drug-addled days with Black Sabbath and his time on The Osbournes TV reality series, when his alcoholism was at its peak.

Sabbath members say they used to order "cereal boxes" of cocaine to the house and Osbourne — a long-haired prankster who wore heavy, black eye liner and fake fangs onstage —

would drink and do drugs until he passed out. His alcoholism became worse when his dad died and Sabbath famously fired him.

Osbourne, of course, eventually bounced back with a new band managed by his wife, Sharon. But his addiction issues plagued him, and his children — Louis and Jessica from his first marriage; and Kelly, Jack and Aimee from his marriage to Sharon — admit in the doc that he wasn't always a great father.

After about a dozen times in rehab, Osbourne — as he explains in the film — finally got the motivation to get sober for good over five years ago, when son Jack recovered from his

God Bless

Ozzy Osbourne

► Documentary will screen at participating Cineplex Entertainment theatres in Canada on Wednesday at 7 p.m. ET.

addiction issues.

"I struggled with it because I don't want to take credit for what my dad had done," said Osbourne.

"He's the one who got sober — I just yelled at him — so I always feel awkward when people go, 'Oh, you helped.' I go, 'No, I didn't. I just had an argument and he kind of lifted himself from it.'"

As we see in the doc, one of Osbourne's biggest goals when he got sober was to get a driver's licence — something his addiction issues prevented him from doing until now.

"I actually sat outside on the porch looking at his Ferrari Italia, which is, I think, the most amusing thing to me about it," said Osbourne.

"He has not driven me yet, which is really strange, probably because whenever I turn up he's like, 'You drive.'

"Even though he's got his licence and he's really stoked about it, I don't think he likes driving."

God Bless Ozzy Osbourne premiered in the spring at the Tribeca Film Festival.

THE CANADIAN PRESS

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► Anonymous presents the controversial theory that it was the Earl of Oxford who penned Shakespeare's plays.

Shakespeare in question

► Director Roland Emmerich takes on the literary establishment with his new film casting doubt on whether Shakespeare penned all those plays

 **NED EHRBAR**
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

While he was busy making millions with disaster films like *Independence Day*, *The Day After Tomorrow* and *2012*, German director Roland Emmerich secretly had a completely different kind of film in mind — a film about the true authorship of Shakespeare's plays.

And while he does manage to sneak an explosion or two into Elizabethan London, *Anonymous* is indeed a completely different film than what he's made before, and he always knew bringing it to the world would be "an uphill battle."

Do you have your own opinion about the identity of Shakespeare?

I side with the artists and writers. I side with Mark Ryland, Derek Jacobi, Walt Whitman, Henry James,

Sigmund Freud, Charlie Chaplin, Orson Welles — all these people believed that the man from Stratford didn't write it.

The problem with this whole thing, anyway, is there's the literary establishment — the educators, the professors, the school teachers and all these people who write books about the man from Stratford.

They've devoted their whole lives, and now the Master of Disaster comes along and makes this movie — maybe I'm the antichrist, we don't know yet.

They're thinking I am. But whatever it is, they have to bedevil me, they have to kind of think this is all nonsense, but it isn't. And it's an uphill battle, I knew that going in.

What made you want to take on this subject?

The orthodox scholars have a huge problem with the work of Shakespeare. How do they want to ex-

plain that? How can a commoner write only about the point of view of an aristocrat? Why is there so much poetry? It's very hard to believe that it was written by a guy who was a younger man who was just coming to London as a commoner. The whole thing just doesn't make sense. We wanted to just show another version of it, just an alternate history.

The last time we spoke, you were casting this film. How is it to show the finished product to the world?

It's a little nerve-wracking, but it's always nerve-wracking whenever you make a movie. You have to show it, you know? I actually do movies mainly because I want to see them, but films are so expensive, you have to show them to people. Lots of people!

And that's always nerve-wracking for me because I'm just afraid that they'll throw tomatoes at me or something.

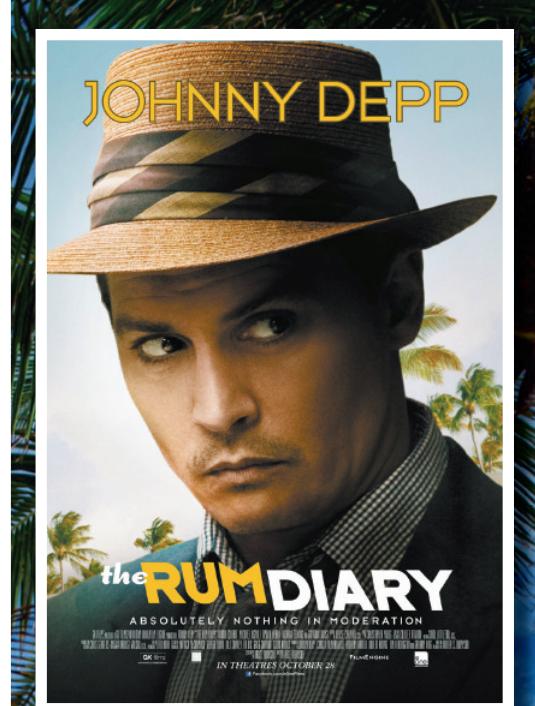
It's not your usual subject matter.

Yeah, it was very risky to make, because boy if I would f— that one up, then people would say, "Oh, my God. Do we need that?" But I think we did a pretty good job, so hopefully the people will not say that.

But it was just a pleasure to work with these incredible actors. I had on this film the freedom to cast whoever I wanted, and because of that it was really a joy to do it. Also, it was the first movie I did in Germany in 20 years. I chose Germany because I felt most at home there and I know a lot of people there and I have a great group, which could be all Germans because I speak German.

How did the mostly English cast feel about that?

They thought we were kind of like Hobbits who speak in their secret language, you know?



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Dogs days gone 'darker' in Wilfred

► American version of Wilfred promises to stay dour, but without the cursing and nudity, says star

 **IAN
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Ten years on, TV viewers still can't seem to get enough of actor Jason Gann in a floppy dog suit.

Which is just fine with the Aussie star of Wilfred, a short film that became an Australian TV series, only to be reinvented recently as an American sitcom.

"It's not like I've been wearing the suit for all 10 years. There have been long gaps," laughs Gann, who was in Toronto Wednesday to promote Wilfred's debut on the new FX-Canada.

"But I could easily do it another 10 years. As long as people find the character funny and interesting."

In its American incarnation, Wilfred centres on a Ryan, a suicidal lawyer (Eli

jah Wood), who meets a comely neighbour and her dog Wilfred (Gann).

Except Ryan sees Wilfred as an angry, pot-smoking man in a shabby dog suit. What ensue are odd adventures in which Wilfred shows Ryan how to overcome his fears and embrace life.

Gann — who also co-created the series — says fans of the original Aussie version shouldn't worry that the show has been sanitized for North American audiences.

"I never saw the two versions as all that different. To me, it just feels like the show and the character have evolved."

The U.S. version has already proven a hit, with a second season confirmed.

"When I first read it, I laughed my ass off," says ac-

Air time

► Audiences will get a sneak peek at Wilfred Monday at 10 p.m. (ET) on Citytv, followed by its FX-Canada premiere Oct. 31 at 11 p.m. (ET).

tress Fiona Gubelmann, who plays Wilfred's owner Jenna.

"There are so many lines you just don't forget easily."

She says the most difficult thing is keeping a straight face during filming with a man-sized dog in your ear.

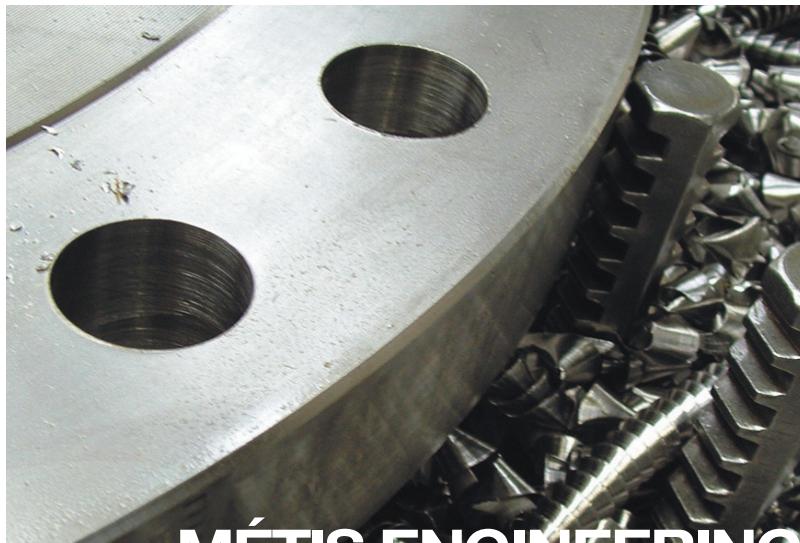
"I'd be having a serious conversation with Elijah and all I hear behind me is 'Ball! Ball! Ball!'. You really have to learn to block it out."



One element this version does lack is some of the original's swearing and nu-

dity. "We had to work harder to keep it dark," says Gann.

"But I think we were so successful, we made the show even darker."



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He's no Simon Cowell

► L.A. Reid says he's learning from fellow X Factor judge and creator, but he has 'very different taste than Simon' ► Going to bat for troubled contestant

 **IAN
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Grammy-winning record executive/songwriter L.A. Reid admits to being a little out of his comfort zone when it comes to television.

"This is, for me, sort of my first at-bat — my first barbecue," says Reid of his experience as a judge alongside high-profile TV

"I don't see a camera. I don't think about a camera. As far as I'm concerned I'm sitting in my office admiring talent."

**L.A. REID ON BEING A JUDGE
ON THE X FACTOR**

personalities like Simon Cowell and Paula Abdul on TV's The X Factor.

"I'm here to learn and watch and see exactly what Simon does."

But it's not like Reid has been content to sit quietly in the critical shadows as the music competition has narrowed its competitive field to a final 17.

Reid says that while he respects show creator Cowell, he doesn't always agree with his talent assessments.

"I have very different taste than Simon. So I may have made very made different choices. But no names," he laughs.

Reid — a founder of LaFace Records who has worked with the likes of Mariah Carey, Justin

Bieber, Usher and Kanye West — says he isn't even aware of the show's always-present cameras during taping.

"I don't see a camera. I don't think about a camera. As far as I'm concerned, I'm sitting in my office admiring talent."

Reid feels that televised music competitions like X-Factor and American Idol have had a positive impact on the music industry.

Much like YouTube, it's given record labels new avenues for discovering and developing talent beyond the traditional sources.

"It's an enhancement. And as a record executive, what we are always looking for are more opportunities for discovering

Who's in?

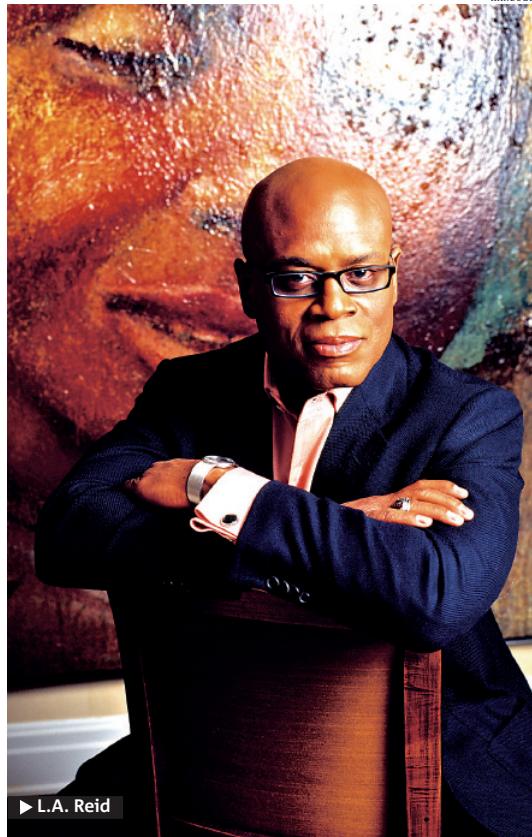
► The X Factor returns tomorrow with a special two-and-a-half hour live show at 8 p.m. on CTV.

talent."

Among The X Factor's final 17, a lot of attention has been focused on Chris Rene, a singer who admitted to a recent drug addiction.

Reid, who personally chose Rene for the final 17, sees a lot of potential in the troubled contestant.

"Chris is going to emerge as an amazing star," he says. "Chris gave us his word that he will stay straight. I'm going to take him at his word. I have faith in Chris."



► L.A. Reid

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Not looking back ... yet

► **Bublé says *Onstage Offstage* is a 'picture book'** ► **Real memoir a decade away**

Michael Bublé has a new book out, one that's billed as an all-access portrait of the Canadian crooner, but he wants his fans to understand something.

Onstage Offstage, hitting stores tomorrow, is not the no-holds-barred memoir that fans might have expected from the refreshingly outspoken

singer.

The book doesn't feature the sort of revealing behind-the-scenes anecdotes that Bublé would share over dinner with

friends, nor does it probe past relationships like a bullet wound on C.S.I.

That book is coming, Bublé said, but the three-time Grammy winner felt

he needed to accumulate more miles in his rearview before he looked back.

He envisions that more in-depth book, which he's already working on with Vancouver journalist Kerry Gold, will come out a decade or more down the line, while *Onstage Offstage* is meant to serve a different purpose.

"The truth is, I want people to really understand, (*Onstage Offstage*) is very light," said the personable singer during a recent interview at a Toronto hotel. "I'm proud of it, it's great, but it's a picture book."

"When they sold the idea to me, I was completely against it — I felt it was too early in my career to have any kind of memoir. But they said it's not a memoir, it's a coffee-table book."

"... I just don't want people to get mixed up and think this was like, the memoir."

"Because really, they'll be disappointed if they think that. I hope it's nice reading, it's light reading, it's fun, it's quick, but, you know, there's a lot more

Christmas love

► In his new book, Bublé writes at some length about the close relationship he has with his family.

► It's part of why he has such a child-like affection for Christmas, and that's what led him to record a new holiday disc.

► "My parents, they loved us a lot," he said. "And I think they got a real kick out of making Christmas special for us like most parents do. I think it's something I can't wait to have kids for, to be able to be the dorky-est Christmas dad."

► "I went in and we worked for five months on the record," Bublé says of his holiday CD, titled *Christmas*, which is due out today. Hit-making Canadian producer David Foster worked with Bublé on the record.

► "We worked our butts off on making great arrangements together," Bublé said.

► He calls *Christmas* "one of the most important records I've ever made."

pictures than there are words." **THE CANADIAN PRESS**

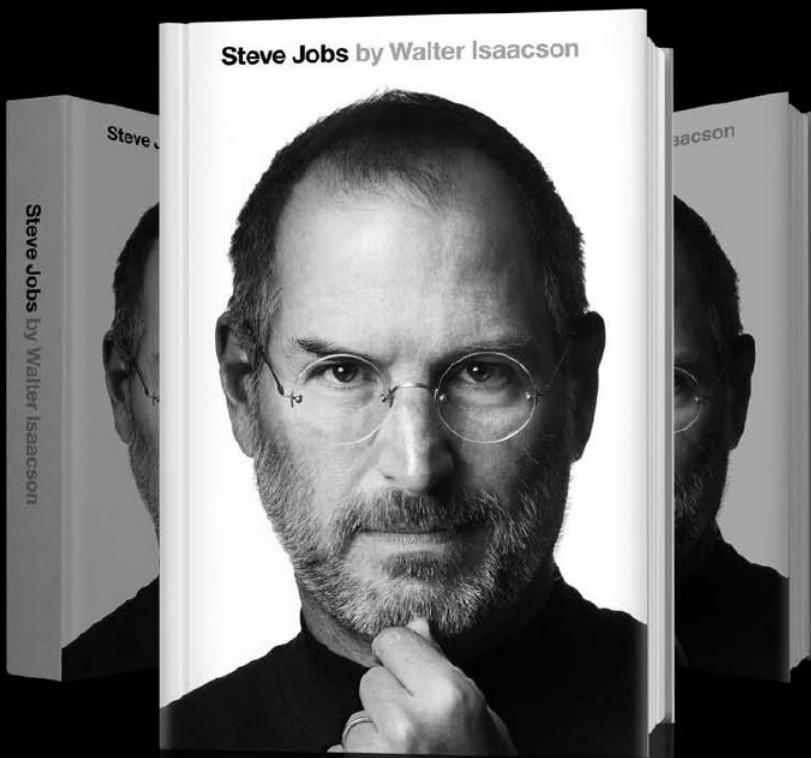
FRANK GUNN/THE CANADIAN PRESS



► Michael Bublé's new coffee-table book *Onstage Offstage* is due out tomorrow.

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Biebs heats up the rink

LILY'S WEEKEND THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



This hurts us more than it hurts you, but as a gossip column, we are obligated to dedicate this space to Lindsay Lohan and her adventures in community service over the weekend. (Don't like it? Get us a pic of Bradley Cooper and Jennifer Lopez together, and maybe we can talk.)

Here's the good news: Not only did Lindsay show up at the morgue, but she was sociable and cleaned floors on her hands and knees, reports TMZ.

And although the L.A. County Coroner rejected her peace offering (and/or bribe) of cupcakes and burgers, we thought the de-

livery was a nice gesture.

Now, for the bad news: Dina Lohan is reportedly shopping around a tell-all book about her daughter's struggles with addiction, and father Michael Lohan gladly took the opportunity to complain about them both in a lengthy, unhinged rant to RadarOnline in which he compared himself to an archangel.

In other words? This chick is going to be headlining every gossip column for the next 20 years, and we collectively owe her apology cupcakes. **THE WORD WAS WRITTEN BY MONICA WEYMOUTH THIS WEEK.**

Bradley Cooper finally makes some headway with J.Lo

► Bradley has been calling Jennifer, like, a lot. ► Recently single singer is apparently liking the attention

Bradley Cooper has reportedly been going to great lengths to woo Jennifer Lopez now that she's split from husband Marc Anthony, according to Us Weekly.

Cooper "has been after Jennifer, calling her, for ages," a source says, adding that Lopez "has

been trying to concentrate on her kids and work. But Bradley has been especially eager."

It's apparently working, as Lopez has decided to "let him in," the source says. "She likes the thrill and the fact that Bradley has been pursuing her."

• METRO



Today, Gwyneth Paltrow is yearning for a wine cooler, Ellen Page is getting deep, Michael Caine is offering advice, and Albert Brooks is spotting celebrities.

@EllenPage

"What happens to the hole when the cheese is gone? — Bertolt Brecht"

@AlbertBrooks

Celebrity tweets



@AlbertBrooks

"Is it my imagination or did I bump into Lindsay Lohan at the morgue this morning?"

@themichaelcaine

"Only regret the things you have not done"

Ashton lashes out at media

Ashton Kutcher took to streaming video site Chime.in to speak his mind, taking on the state of online media instead of addressing his recent cheating scandal.

"I just wanted to open up a little dialogue on the state of honesty," Kutcher says in the clip, theorizing that the media have less of an incentive to tell the truth since the costs of production have gone down.

"People can bastardize

the truth in any way, shape or form that they want and spread that around the world," he says.

"A lie can travel halfway around the world before the truth can leave someone's lips."

• METRO

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A new study



TORSTAR

A new study by Dr. De-Kun Li of Kaiser Permanente in California, suggests high blood pressure during early pregnancy is what raises the risk of major birth defects — not the medicines used to control the condition, as previously thought.

For years, women were warned to avoid drugs called ACE inhibitors during later stages of pregnancy to avoid the possibility of birth defects.

THE ASSOCIATED PRESS



Owners love to dress dogs up for Halloween. But how do dogs feel about it?



THINKSTOCK.COM

► "After a year, babies will only need help with foods like yogurt," says Dr. Rana Conway, author of *Weaning Made Easy*.

The great spoon-fed vs. baby-led weaning debate

Once you master milk-feeding your infant, it's time to think about solids. Parents often choose between spoon-fed and 'baby-led' weaning methods. Consider this: combine both



EMMA E.
FORREST
LIFE@METRONEWS.CA
METRO WORLD NEWS

With your first-born, it feels like every time you think you've mastered one baby-rearing challenge, you're set with the next. Just when you've stopped fretting about how much milk your growing infant is drinking, you're faced with anxieties about when to start feeding her solids,

whether the meal is nutritious enough and if she's going to actually eat it.

There are two major approaches to weaning: the traditional spoon-fed method (where the parent is in control), and the modern 'baby-led' weaning (where the baby learns to feed him or herself).

"With first babies, moms often lack the confidence to combine the two methods," says Dr. Rana Conway, author of *Wean-*

ing Made Easy.

There are advantages to both. Spoon-feeding allows parents to control how much their baby eats and mix new flavours in with favourites. Knowing that dinner is going to end up in your baby's belly rather than the floor is reassuring for parents whose sanity depends on regular nap-, feed- and bed-times.

Meanwhile, baby-led weaning is convenient for parents who don't have

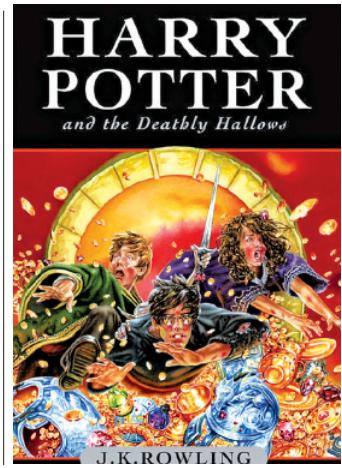
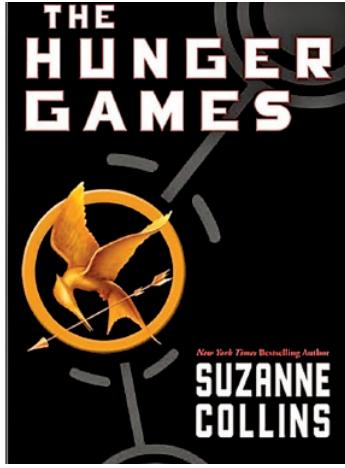
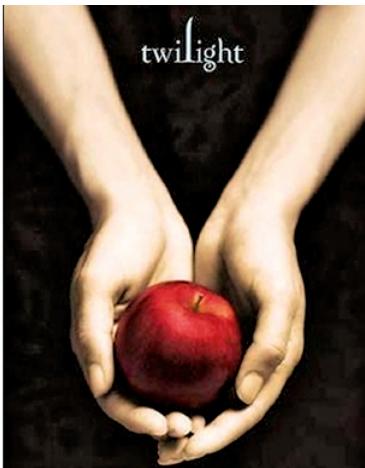
time to prepare separate meals and there's no danger of overfeeding (although it can be messier than spoon-feeding).

"The advantage is that families can eat together and all have the same meals, so babies get used to eating the food you do," says Conway.

Combining methods is easy, says Conway. "The balance between spoon-feeding and self-feeding ... changes over time," she

says. "Most babies need spoon-feeding to start, but it's also vital to give them something to try to eat with their fingers. This means they'll be getting nutrients they need, but they can also learn about real food," Conway says. "After a few months, self-feeding takes off and by a year most babies will only need help with foods like yogurt. It's about taking a balanced approach and seeing what works."

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Power of teen fiction

► Young adult fiction writers continue to sharpen their skills ► Landscape changed after Harry Potter & Twilight ► Adults picking these books up, too

Melissa Bourdon-King is brimming with enthusiasm as she describes the quality of young adult fiction in recent years, a veritable feast that is attracting more than just teen readers.

As general manager of a children's bookstore in Toronto, she and her colleagues — some of them in their 20s — often check out the offerings aimed at a younger demographic.

The Harry Potter and Twilight series were block-busters, of course, and Bourdon-King indicated that The Hunger Games, a popular science fiction trilogy by Suzanne Collins, is a current juggernaut.

"In the wake of that there's been a lot of sort of dystopian novels coming out. If you ask, I could probably list about a dozen or so that claim to be the next Hunger Games," said Bourdon-King, who will

turn 25 next month.

"Publishers are really aware of the broad appeal that young adult fiction can have, not just to readers of 12 to 16, but to readers in their early 20s, to middle-aged moms, to retired people that just want a really great read."

"There's been a lot of just really stellar fiction that's been coming out, geared to young adults, but really the writing is so exceptional that it appeals to all ages."

Geoffrey Taylor, director of the International Festival of Authors in Toronto, said there are various levels of reading ability — and books aimed at teens could potentially appeal to those aged 10 to 50.

"Take a look at the Lemony Snicket series. Those were books that were written for children, but parents liked reading them because there was

double entendre and everything else in the book. So they became enjoyable for parents to read to their kids."

But books don't have to be labelled "young adult" to be suitable for young readers. Teens will just skip over the parts they don't like in adult fiction, or read fast through certain sections, Taylor said.

"I can remember reading Great Expectations when I was younger, and then when Lloyd Jones' book Mister Pip came out a (few) years ago, which referenced Great Expectations, I reread Great Expectations and I found that as an adult reading, I got more out of it than I would have as a younger reader."

Forensic anthropologist Kathy Reichs is known for the TV show Bones and her crime novels featuring the character Temperance

Brennan. She will be introducing her second novel Seizure in the young adult series Virals, which follows Brennan's teenage niece Tory, a science lover.

The books are co-written with her 33-year-old son Brendan, who came up with the idea, Reichs said in an interview from Ohio, where she was en route to a public appearance.

"Bones gets a lot of viewers in the young adult age range, and also a lot of young adults are reading the Temperance Brennan books. So we thought that young adults might like to read about young adults using science, so that was really where it all started."

Her son Brendan is really good at young adults' dialogue, their social concerns and the technology that's popular with young adults, she said.

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Shepherd's Pie goes sweet

► This version replaces regular potatoes with sweet potatoes and cheese

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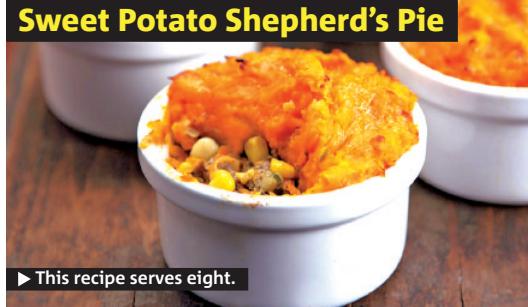
This twist on classic Shepherd's Pie offers a colourful and tasty mealtime solution. Sweet potatoes and cheddar cheese are used in the topping instead of the traditional mashed potatoes.

Preparation:

1 In pot, cook sweet potatoes in boiling water until fork-tender, 15 mins. Drain and mash with cheddar cheese, milk, salt and pepper.

2 Filling: In frying pan, sauté beef over medium

Sweet Potato Shepherd's Pie



► This recipe serves eight.

-high heat for 10 mins. or until no longer pink. Drain off fat. Add carrots, zucchini, corn, onion and garlic; cook for 5 mins. or until vegetables are softened.

3 In bowl, mix thyme, oregano, mustard and flour; stir into pan along with milk, salt and pepper. Cook for 2 mins. or until slightly thickened.

Transfer to two 2 L (8-inch) square baking dishes; top each with half of the potato mix.

4 Bake in a 190 C (375 F) oven for 20 minutes or until heated through and topping is browned.

EMILY RICHARDS IS
A PROFESSIONAL HOME ECON-
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Ingredients:

- 2 kg (4 lb) sweet potatoes, peeled and cubed
- 375 ml (1 1/2 cups) shredded old cheddar cheese
- 125 ml (1/2 cup) milk
- Salt and pepper, to taste

Filling

- 1 kg (2 lb) ground beef
- 500 ml (2 cups) each shredded carrots, zucchini
- 375 ml (1 1/2 cups) corn kernels
- 175 ml (3/4 cup) minced onion (about 1 onion)
- 2 cloves garlic, minced
- 15 ml (1 tbsp) each dried thyme, oregano and dry mustard
- 15 ml (1 tbsp) all-purpose flour
- 250 ml (1 cup) milk
- Pinch salt and pepper

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Smokin' good avocado cigars

This cigar-shaped crispy phyllo pastry filled with scrumptious morsels of avocado and crab is fitting for any occasion.

The cooling effect of the

avocados and mango chutney offers a refreshing contrast to the spicy filling, creating a perfect autumn appetizer.

Preparation:

1 Preheat oven to 190 C (375 F). In a medium bowl, combine crab, red pepper, green onion, mustard, lemon and hot

sauce. Dice avocados and gently fold into crab mixture. Season with salt and pepper.

2 Cut a store-bought phyllo sheet in half (vertically) and spray lightly with olive oil or brush with melted butter. Spread 15 ml (1 tbsp) of the filling at the end of the sheet. Roll pastry to form a cigar shape, tucking the ends in before the last roll. Repeat steps with

Avocado Chutney Cigars



► This recipe makes 12 cigars.

remaining phyllo sheets.

3 Bake for 10 to 13 minutes until light golden brown. Let cool slightly before serving.

4 In bowl, combine chutney, cilantro and water. Serve as dipping sauce.

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Green glass equals big biz

► A new container designed for storing beer, wine and liquor bottles gets financial backing from Dragons' Den



Glass recycling is simple, right? You put your bottles in the bin, and set the bin out on the curb.

But did you know that if the glass breaks, and different colours of glass mingle, your bottles cannot be recycled — and millions end up in a landfill?

Sustain It Inc., a clever company from Aurora, Ont., just got a major investment on CBC Television's hit show Dragons' Den with a new bottle carrier specifically designed to solve this problem.

"It's called Bottle Bin," says Chris Williams, director of sales for Sustain It. "It's a reusable container for your wine, liquor and beer bottles. When the bin



FLICKR PHOTO
"It was specifically made for wine bottles originally, and then when you do the sheer math of the volume of how much beer we drink in Canada, we changed the design to be able to accommodate beer bottles as well."

"Beer is such a massive volume. The LCBO in Ontario sells 50-million six-packs a year. And six-packs are difficult to return."

Bottle Bin touched off a bidding frenzy on Dragons' Den earlier this month, with all five Dragons making offers.

Boston Pizza owner Jim Treliving won the day — and 20 per cent of the company — with an investment of \$150,000.

"The Dragons' Den effect is outstanding," Williams says. "Our office

absolutely exploded. Different people who want to manufacture and distribute it right across the country."

The bins will be available at Home Hardware stores across Canada in November, retailing for between \$11 to \$13. The Beer Store in Ontario is selling them now for \$9.99.

"The more people that recognize they may have a problem with their empties, or may have a bit of a struggle with returning their empties, and seeing there's this new bin to help them do it, it really helps our cause," concludes Williams.

"Returning your empty wine, liquor and beer bottles is a great way people can help the environment."

For more info, visit bringyourbottlesback.com.

Glass facts:

- Over a ton of natural resources are saved for every ton of glass recycled.
- Recycling just one glass bottle saves enough energy to light a 100-watt light bulb for four hours.
- A glass container can go from a recycling bin to a store shelf in as little as 30 days.



HANDOUT PHOTO

THE GOOD, BAD AND UGLY OF SILICONE

Is silicone bakeware eco-friendly and safe? Rebecca, Calgary

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

 It's hard to say if there's a dark side to these brightly coloured cookie sheets and spatulas.

You won't dig up a lot of safety information about silicone ... yet.

Health Canada says,

"Silicone rubber does not react with food or beverages, or produce any hazardous fumes."

But Health Canada also stands by the rationale that the fact that lab rats exposed to perfluorooctanoic acid (PFOA) were likely to get cancer doesn't mean non-stick products necessarily cause cancer in humans.

Silicone is a synthetic rubber that contains bonded silicon and oxy-

gen. It's a natural element that is abundant in sand and rock.

Silicone bakeware is known for its heat-resistant and rubber-like qualities, and is safe for the oven and freezer. It is touted as being stable or inert, not changing the flavour or releasing odours that might affect food quality.

Not only is it believed to have low toxicity and thermal stability, it's also easy to clean and is non-

stick. One safety tip I repeatedly came across is to use food-grade silicone products at recommended temperatures — about 220 degrees C or 428 degrees F.

When it comes to eco-friendliness, silicone bakeware allows you to replace disposables like paper muffin tins and parchment pa-

per.

I haven't heard of recycling depots that accept silicone products, but keep your eyes open because it doesn't biodegrade.

For now, silicone is a safer alternative to non-stick cookware treated with PFOA. I'm also a huge fan of cast iron and glass cookware and bakeware.



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Awesome job, but...

► Major stress often comes with the top-career territory

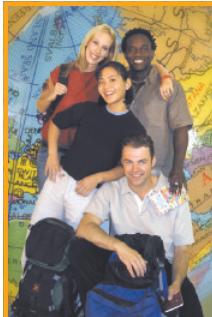
While they make for great cocktail conversation, some of the most prestigious careers aren't quite as enviable as they seem, according to a new report from job search portal Ca-

reerCast.com.

"There's a lot of perceptions out there about what a good job is, and a lot of the times the perception is wrong," says Career Cast publisher Tony Lee.



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► Mad Men's Don Draper

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Using his head in the salon biz

► As the proud owner of 106 hair and beauty salons around Canada, Ken Fisher continues to dream big

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA



There's a lot of buzz on the street about Chatters Hair and Beauty Salons.

"We now have 106 stores from Newfoundland to B.C.," founder Ken Fisher tells me proudly.

Growing up on a farm in Saskatchewan, Fisher was influenced by his hard-working father and inspired by his hair stylist sisters.

The early days were hard but rewarding.

"We worked 12 to 18 hour days and I travelled up to 9,000 kilometres a month visiting stores and stocking shelves at night."

Fisher says the key to any business is surrounding yourself with the



► Ken Fisher hopes to see even more Chatters Hair and Beauty Salons open in the coming years.

right people.

His turning point came when he partnered with Jason Volk and the two pushed Chatters to the next level.

"I don't think you'll ever find one individual that takes a company over the top. You need to create a great team."

As he looks at the company he created, Fisher is proud yet humbled by his success.

"Wow, 106 stores. Then I think there's potential for another 106 stores."

How's he going to accomplish his goals?

"You put your head down and go to work."

Smart advice for us all.

Stylish success

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- Have a strong work ethic and passion.
- Everything grows and changes. If you sit still you'll get rolled over.
- Surround yourself with the right people.
- Anticipate what is coming around the corner then figure out what to do next.

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Rangers even up Series

► After being humbled in 16-7 Game 3 loss, Texas blanks St. Louis to tie Fall Classic at 2-2



Derek Holland kept Albert Pujols in the ballpark and the Texas Rangers in this World Series.

In a title matchup that's getting more interesting with every game, Holland put the emphasis back on pitching. Given a pep talk by manager Ron Washington minutes before the game, Holland allowed two hits over 8 1/2 innings to beat the St. Louis Cardinals 4-0 last night and even things at 2-2.

Holland struck out seven, walked two and never was in trouble against a team that erupted for 16 runs Saturday night. He came within two outs of the first complete-game shutout in the World Series since Josh Beckett's for Florida to clinch the 2003 title at Yankee Stadium.

"I was very focused. I knew this was a big game for us," Holland said. "I had to step up and make sure I was prepared."

Hobbled Josh Hamilton put Texas ahead with an RBI double in the first inning. Then Mike Napoli broke it open with a three-run homer in the sixth that set off a hearty high-five in



the front row between team president Nolan Ryan and former U.S. President George W. Bush.

And just like that, for the first time since 2003, the World Series stood at two games apiece. Now the whole season is down to a best of three, with the outcome to be decided back at Busch Stadium.

Game 5 is tonight at Rangers Ballpark. It's a rematch of the opener, when Cardinals ace Chris Carpenter topped C.J. Wilson.

A day after Pujols produced arguably the greatest

15

Derek Holland's outing was the longest scoreless appearance by an AL starter in the World Series in 15 years. Andy Pettitte also went 8 1/3 at Atlanta in 1996.

hitting show in post-season history, tying Series records with three home runs, six RBIs and five hits during the Cardinals' romp, Holland was the unlikely star.

"Well, I would just say he worked us over. Give him credit. Good pitching is always going to stop good hitting."

CARDINALS MANAGER TONY LA RUSSA ON RANGERS' GAME 4 STARTER DEREK HOLLAND

Holland got a big cheer when he took the mound in the ninth and was still throwing 96 miles per hour. With the crowd chanting his name, he walked Rafael

Furcal before being pulled from the game. He tipped his cap and waved to the fans as he walked off.

"I was begging to stay out there," he said. "I said, 'I'll give it everything I've got. I can get the double play.'

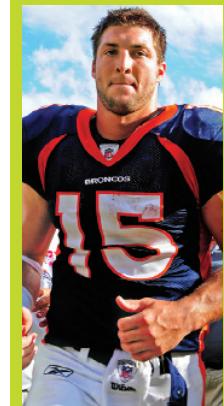
"When I came off the field my arm hair was sticking up — not like I have much."

Neftali Feliz took over and closed. He walked Allen Craig, then retired Pujols on a fly ball and struck out Matt Holliday to end it.

THE ASSOCIATED PRESS

4
sports

Quoted



"You can't lose confidence in yourself, or you've lost already."

DENVER QB TIM TEBOW. IN HIS FIRST START THIS YEAR, TEBOW RALLIED THE BRONCOS WITH TWO TOUCHDOWN PASSES IN THE FINAL 2:44 OF THE FOURTH QUARTER TO FORCE OVERTIME, AND MATT PRATER'S 52-YARD FIELD GOAL GAVE THEM AN 18-15 WIN YESTERDAY OVER THE STUNNED MIAMI DOLPHINS.

All Blacks win World Cup

New Zealand survived an uncanny spate of flyhalf injuries and a searching test of character to close a huge gap in its rugby history, beating France 8-7 in a gripping Rugby World Cup final yesterday to become the third two-time champions.

The perennial favourites, New Zealand hadn't won the World Cup since hosting and winning

the same time," France coach Marc Lievremont said.

All Blacks No. 10 Aaron Cruden left with a knee injury after 33 minutes, leaving New Zealand's hopes with the often vilified flyhalf Stephen Donald.

He took over the goal-kicking in the second half and landed a penalty that gave New Zealand an 8-0 lead. THE ASSOCIATED PRESS



Scan code for more sports news.

Falcons taking flight

► Matt Ryan runs and throws for TDs, as Atlanta hands Detroit second loss in a row

| | |
|--|---|
| 23 | 16 |
|  |  |
| FALCONS | LIONS |

The Falcons might've found their groove in Motown.

Matt Ryan ran and threw for touchdowns to give Atlanta a double-digit lead in the first half, and the Falcons held on to win 23-16 in Detroit yesterday.

The defending NFC South champion-Falcons (4-3) won consecutive games for the first time this season because they finally played well in all three phases on the same day.

"Good teams go on streaks," Atlanta coach Mike Smith said. "You can't just keep yo-yoing up and down."

The Lions (5-2) have lost their lustre with two straight losses — both at home — after their perfect start. Their formerly fired-up fans have started to boo, moan and groan.

"We don't deserve their cheers if we're going to play like that," Lions guard Rob Sims said. "It's just that simple."

The Lions had a chance to get Ford Field back on their side.

But on Detroit's final drive, a pass-interference penalty against Atlanta was overturned because instant



► Atlanta QB Matt Ryan throws a pass in front of Detroit's Ndamukong Suh yesterday.

replay showed defensive tackle Corey Peters had slightly grazed the ball.

"I didn't see the tip, but the guys in the booth were in my ear about it right away," Smith said. "With less than two minutes, we had to rely on the officials, but they did a great job.

They didn't let the Lions snap the ball, so the replay official could get a good look, and they made the

right call."

Instead of having the ball at the Falcons 26, the Lions were backed up to the 41 and Matthew Stafford threw an incomplete pass on the next play to turn it over on downs and injured his right ankle, knee — or both.

"To tell the truth I can't really tell right now," Stafford said.

THE ASSOCIATED PRESS

Around the NFL

Other results from yesterday:

► Aaron Rodgers kept Green Bay unbeaten with three touchdowns and 335 yards passing, holding off the plucky Christian Ponder in the rookie's first start to defeat the Minnesota Vikings 33-27.

► Ben Roethlisberger threw 95 yards to Mike Wallace for the longest pass play in Steelers history and Pittsburgh went on to hand the Arizona Cardinals their fifth consecutive loss 32-20.

► The Kansas City Chiefs took advantage of rusty quarterback play from Kyle Boller and Carson Palmer to beat the Oakland Raiders 28-0.

Saints destroy Colts

| | |
|---|---|
| 62 | 7 |
|  |  |
| SAINTS | COLTS |

Drew Brees completed 31 of 35 passes for 325 yards and five touchdowns, and the New Orleans Saints set a franchise record for points and victory margin in a 62-7 demolition of the hapless Indianapolis Colts last night.

For the first time as a head coach, Sean Payton spent the game up in the coaches' booth, where he could sit comfortably with his broken left leg propped up. He called the plays from there and he had to like what he saw from his new vantage point.

Brees had two touchdown passes to Marques Colston and one to Darren Sproles in the first quarter. His fourth and fifth touchdown tosses went to second-year tight end Jimmy Graham in the third quarter.

It seemed the Saints could do whatever they wanted, also rushing for 236 yards.

When the large video board in the Superdome showed Payton peering out from the booth, the crowd erupted. By the time the third quarter ended, there wasn't much of a crowd left. THE ASSOCIATED PRESS

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| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|--------------|----|---|---|-----|----|----|----|-------|-------|-------|---------|------|
| d-Washington | 7 | 7 | 0 | 0 | 0 | 30 | 14 | 14 | 5-0-0 | 2-0-0 | 7-0-0 | W7 |
| d-Pittsburgh | 10 | 6 | 2 | 1 | 1 | 30 | 22 | 14 | 3-1-0 | 3-1-0 | 6-2-1 | W3 |
| d-Toronto | 7 | 5 | 1 | 0 | 0 | 24 | 23 | 11 | 4-0-0 | 1-1-0 | 5-1-0 | W1 |
| Buffalo | 7 | 5 | 2 | 0 | 0 | 20 | 13 | 10 | 1-1-0 | 4-1-0 | 5-2-0 | L1 |
| Philadelphia | 7 | 4 | 2 | 1 | 0 | 25 | 19 | 9 | 1-2-0 | 3-0-0 | 4-2-0 | L2 |
| Florida | 7 | 4 | 3 | 0 | 0 | 18 | 18 | 8 | 2-1-0 | 2-2-0 | 4-3-0 | W1 |
| Tampa Bay | 8 | 3 | 3 | 0 | 2 | 25 | 27 | 8 | 2-1-0 | 1-2-2 | 3-3-0 | W2 |
| Carolina | 8 | 3 | 3 | 2 | 0 | 27 | 8 | 1-0-0 | 2-2-0 | 3-3-0 | L2 | |
| New Jersey | 6 | 3 | 2 | 0 | 1 | 13 | 16 | 7 | 2-1-0 | 1-1-0 | 3-2-0 | L2 |
| NY Islanders | 6 | 3 | 3 | 0 | 0 | 14 | 14 | 6 | 3-1-0 | 0-2-0 | 3-3-0 | L2 |
| NY Rangers | 6 | 2 | 2 | 1 | 1 | 12 | 12 | 6 | 0-0-0 | 2-2-1 | 2-2-1 | L1 |
| Boston | 8 | 3 | 5 | 0 | 0 | 19 | 19 | 6 | 2-4-0 | 1-1-0 | 3-5-0 | L1 |
| Ottawa | 8 | 3 | 5 | 0 | 0 | 24 | 34 | 6 | 3-2-0 | 0-3-0 | 3-5-0 | W2 |
| Winnipeg | 7 | 2 | 4 | 0 | 1 | 16 | 25 | 5 | 2-1-0 | 0-3-0 | 2-4-0 | W1 |
| Montreal | 7 | 1 | 4 | 1 | 1 | 17 | 24 | 4 | 0-2-1 | 1-2-0 | 1-4-1 | L5 |

WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|-------------|----|---|---|-----|----|----|----|-------|-------|-------|---------|------|
| d-Colorado | 8 | 6 | 2 | 0 | 0 | 26 | 20 | 12 | 0-2-0 | 6-0-0 | 6-2-0 | W1 |
| d-Dallas | 8 | 6 | 2 | 0 | 0 | 19 | 15 | 12 | 4-0-0 | 2-2-0 | 6-2-0 | L1 |
| d-Detroit | 6 | 5 | 1 | 0 | 0 | 19 | 14 | 10 | 3-0-0 | 2-1-0 | 5-1-0 | L1 |
| Los Angeles | 7 | 5 | 1 | 0 | 1 | 17 | 10 | 11 | 3-1-0 | 2-0-1 | 5-1-0 | W4 |
| Chicago | 7 | 4 | 1 | 0 | 2 | 18 | 10 | 2-0-2 | 2-1-0 | 4-1-0 | L1 | |
| Vancouver | 8 | 4 | 3 | 0 | 1 | 22 | 23 | 9 | 2-1-0 | 2-2-0 | 4-3-0 | W2 |
| Minnesota | 8 | 3 | 2 | 2 | 1 | 18 | 20 | 9 | 2-1-0 | 1-1-1 | 3-2-2 | L1 |
| Anaheim | 7 | 4 | 3 | 0 | 0 | 16 | 18 | 8 | 3-2-0 | 1-1-0 | 4-3-0 | W1 |
| Edmonton | 7 | 3 | 2 | 0 | 2 | 13 | 12 | 8 | 2-1-0 | 1-1-0 | 3-2-2 | W1 |
| St. Louis | 8 | 4 | 4 | 0 | 0 | 22 | 24 | 8 | 2-1-0 | 2-3-0 | 4-4-0 | W2 |
| Phoenix | 7 | 3 | 3 | 0 | 1 | 20 | 22 | 7 | 1-2-0 | 2-1-0 | 3-3-0 | W1 |
| Nashville | 7 | 3 | 3 | 0 | 1 | 15 | 20 | 7 | 0-1-0 | 3-2-0 | 3-3-0 | W1 |
| San Jose | 6 | 3 | 3 | 0 | 0 | 18 | 16 | 6 | 1-2-0 | 2-1-0 | 3-3-0 | W2 |
| Calgary | 7 | 2 | 4 | 1 | 0 | 15 | 20 | 5 | 1-2-1 | 1-2-0 | 2-4-1 | L2 |
| Columbus | 8 | 0 | 7 | 0 | 1 | 17 | 29 | 1 | 0-3-0 | 0-4-0 | 0-7-0 | L8 |

d = division leaders ranked 1-2 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout out receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's result

Phoenix 5 Anaheim 4

Saturday's results

Edmonton 2 N.Y. Rangers 0

Nashville 2 Calgary 0

Ottawa 4 Columbus 3

Toronto 5 Montreal 4 (OT)

Vancouver 3 Minnesota 2 (OT)

Winnipeg 5 Carolina 3

Colorado 5 Chicago 4 (SO)

Florida 4 N.Y. Islanders 2

Los Angeles 1 Dallas 0

Pittsburgh 4 New Jersey 1

San Jose 4 Boston 2

St. Louis 4 Philadelphia 2

Tampa Bay 3 Buffalo 0

Washington 7 Detroit 1

Tonight's games

All Times Eastern

Toronto at Philadelphia, 7 p.m.

Florida at Montreal, 7:30 p.m.

N.Y. Rangers at Winnipeg, 8:30 p.m.

Tomorrow's games

Tampa Bay at Buffalo, 7 p.m.

Pittsburgh at N.Y. Islanders, 7 p.m.

Ottawa at Carolina, 7 p.m.

Detroit at Columbus, 7 p.m.

San Jose at Nashville, 8 p.m.

Anaheim at Chicago, 8:30 p.m.

Vancouver at Edmonton, 9:30 p.m.

Dallas at Phoenix, 10 p.m.

New Jersey at Los Angeles, 10:30 p.m.

Wednesday's games

Philadelphia at Montreal, 7:30 p.m.

Colorado at Calgary, 9 p.m.

St. Louis at Vancouver, 10 p.m.

COYOTES 5, DUCKS 4

First Period

1. Phoenix, Hanzal 1 (Boedker, Vrbata) 4:41
2. Anaheim, Visnovsky 1 (Perry, Sbisa) 8:21
3. Anaheim, Getzlaf 1 (Selanne, Fowler) 14:02
4. Phoenix, Hanzal 2 (Yandle) 14:44

Penalties

— Macenauer (Ana holding) 11:01,

Hanzal Pho (delay of game) 18:45.

Second Period

5. Phoenix, B.Gordon 1 (Pyatt, Korpikoski) 4:47
6. Phoenix, Korpikoski 2 (Pyatt, Aucoin) 6:27

7. Phoenix, Yandle 1 (Doan, Whitney) 7:56

8. Anaheim, Foster 1 (Beauchemin, Kivu) 13:31

Penalties — Torres Pho, Sbisa (Ana fighting) 9:55, Hanzal Pho (hooking) 11:27.

Third Period

9. Anaheim, Getzlaf 2 (Visnovsky) 18:52
Penalties — Macenauer (Ana cross-checking) 0:15, Miele Pho (hooking) 1:57, Selanne Ana (holding) 9:27, Elmank-Larsson Pho (delay of game) 16:28.

Shots

Phoenix 10 13 12 35

Anaheim 9 13 11 33

Goal (shots-saves) — Phoenix: Smith (W,2-2-1); Anaheim: Hiller (L,3-3-0)(19-14); Ellis (12:04 second)(16-16). Power plays (goals-chances) — Phoenix: 0-3; Anaheim: 0-4.

Referees — Brad Watson, Linesmen — Brian Mach.

Attendance — 13,240 (17,174) at Anaheim, Calif.

Byes: Buffalo, Cincinnati, N.Y. Giants, New England, Philadelphia, San Francisco

Yesterday's results

Atlanta 23 Detroit 16

Carolina 33 Washington 20

Cleveland 6 Seattle 3

Dallas 34 St. Louis 7

Denver 18 Miami 15 (OT)

Green Bay 33 Minnesota 27

Houston 41 Tennessee 7

Kansas City 28 Oakland 0

N.Y. Jets 27 San Diego 21

Pittsburgh 32 Arizona 20

New Orleans 62 Indianapolis 7

At London

Chicago 24 Tampa Bay 18

Tonight's game

All Times Eastern

Baltimore at Jacksonville, 8:30 p.m.

At Edmonton 31 Toronto 24

At Edmonton 31 Toronto 24

NFL

WEEK SEVEN

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EAST

W

L

T

Pct

PF

PA

| | W | L | T | Pct | PF | PA |
|-------------|---|---|---|------|-----|-----|
| New England | 5 | 1 | 0 | .833 | 185 | 135 |
| Buffalo | 4 | 2 | 0 | .667 | 188 | 147 |
| N.Y. Jets | 4 | 3 | 0 | .571 | 172 | 152 |
| Miami | 0 | 6 | 0 | .000 | 90 | 146 |

SOUTH

W

L

T

Pct

PF

PA

| | W | L | T | Pct | PF | PA |
|--------------|---|---|---|------|-----|-----|
| Houston | 4 | 3 | 0 | .500 | 182 | 131 |
| Tennessee | 3 | 3 | 0 | .500 | 112 | 135 |
| Jacksonville | 1 | 5 | 0 | .167 | 72 | 132 |
| Indianapolis | 0 | 7 | 0 | .000 | 111 | 125 |

NORTH

W

L

T

Pct

PF

PA

| | W | L | T | Pct | PF | PA |
|-------------|---|---|---|------|-----|-----|
| San Diego | 4 | 2 | 0 | .667 | 141 | 136 |
| Oakland | 4 | 3 | 0 | .571 | 160 | 178 |
| Kansas City | 3 | 3 | 0 | .500 | 105 | 150 |
| Denver | 2 | 4 | 0 | .333 | 133 | 145 |

WEST

W

L

T

Pct

PF

PA

| | W | L | T | Pct | PF | PA |
|---------------|---|---|---|------|-----|-----|
| San Francisco | 5 | 1 | 0 | .833 | 167 | 97 |
| Seattle | 2 | 4 | 0 | .333 | 97 | 128 |
| Arizona | 1 | 5 | 0 | .167 | 116 | 153 |
| St. Louis | 0 | 6 | 0 | .000 | 56 | 171 |

NORTH DIVISION

W

L

T

Pct

PF

PA

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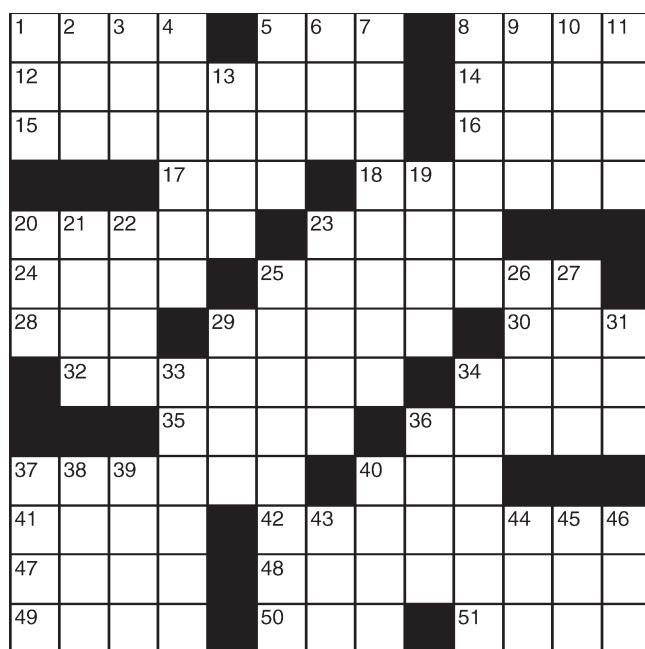
Crossword

Across

1 Feedbag fill
5 Chicken — king
8 Gumbo ingredient
12 Howls
14 Billy Joel's —
Always a Woman"
15 Severely strict
16 Decline, as the
visible moon
17 Spot on a
domino
18 Lake Victoria
nation
20 Florida city
23 Succumb to
gravity
24 Kill
25 Without flexibil-
ity
28 Peace (Lat.)
29 Star, for short
30 Conger, for one
32 Restored to
proper condition
34 Ashen
35 Crew supply
36 Theater path
37 Tawdry (SL.)
40 Donkey
41 Warmth
42 Tubular pasta
47 Otherwise
48 Easy garment to
put on
49 Run off
50 A billion years
51 Tardy

Down

1 — Town"
2 Clay, today
3 Yank
4 Not neat



5 On
6 Romanian money
7 Soothed
8 Lee Harvey —
9 "Star Trek II: The
Wrath of —"
10 Tear asunder
11 On the briny
13 Met melody
19 Smooth-talking
20 Recipe meas.
21 Banned apple
ripening
22 Long skirt
23 Folder fodder
25 Bent backward
26 Meadows
27 Holler
29 Fellow
31 Shelter
33 Small beard
34 Handgun
36 Now, on a memo
37 Restaurant em-
ployee
38 Satan's domain
39 Facility
40 Once more, in
dialect
43 UN workers' grp.
44 Eggs
45 Seine

Today's horoscope

Aries March 21-April 20 Speak your mind and stir things up a little, both at home and at work.

Taurus April 21-May 21 The more praise you get today the more careful you must be that your ego does not over inflate.

Gemini May 22-June 21

What happens today will shake you up and get you moving again, and that's no bad thing.

Cancer June 22-July 22 Steer clear of other people's private lives today.

Leo July 23-Aug. 23 By all means question what others tell you.



For today's crossword answers and for expanded horoscopes, go to metronews.ca

backed up by facts.

Virgo Aug. 24- Sept. 22 You seem to be moving in a completely different direction to everyone else, but that's okay — in fact it's good.

Scorpio Oct. 24-Nov. 22 Your ability to stay calm under pressure will win new admirers today.

Libra Sept. 23-Oct. 23 You will be in the spotlight often enough over the next few days, so enjoy your anonymity while you can.

Pisces Feb. 19-March 20 You will find it easier to trust people again and the effects will be dramatic. You really have no reason to be suspicious or fearful — but you have every reason to smile.

Sagittarius Nov. 23-Dec. 21 You will find yourself on the defensive today, and it's a situation you have brought on yourself by making claims that cannot be

Capricorn Dec. 22-Jan. 20 Cause and effect always go together, so if what is going on in your life is not to your liking maybe you should ask what caused it to happen.

Aquarius Jan. 21-Feb. 18

Instead of fighting the future why not aim to make it your friend?

Capricorn Dec. 22-Jan. 20 Cause and effect always go together, so if what is going on in your life is not to your liking maybe you should ask what caused it to happen.

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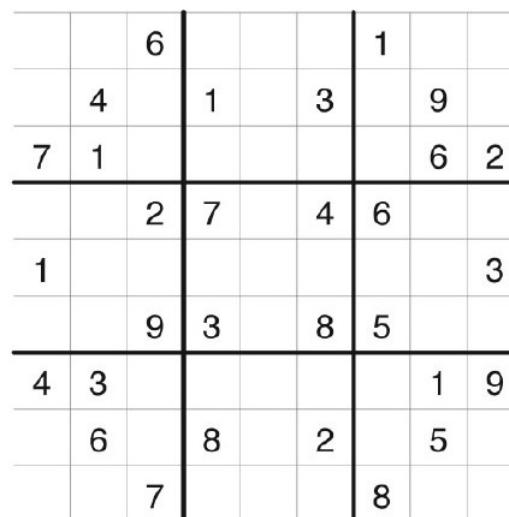
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Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Friday's answer ►



A look at the weather

TODAY Min -4° Max 6° **TOMORROW** Min -1° Max 5° **WEDNESDAY** Min 3° Max 8°

Andrew Schultz,
Meteorologist

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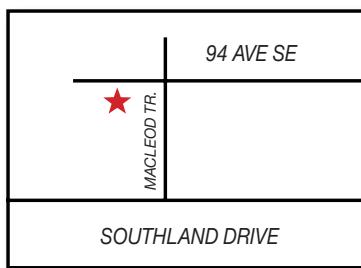
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